

Be safe, practiced and prepared!

What is an emergency?



Emergency: when something serious happens and immediate help is needed.

Disaster: an emergency that causes great harm to people or an area.

Natural disaster: a disaster that is not caused by humans, like floods, tornadoes and landslides

Why should I be prepared for emergencies?

Emergencies can be scary and stressful. While we can't predict when an emergency might happen, we can prepare for them. Being prepared will help you be safe if something happens & make difficult times easier to deal with.



Three steps to preparedness:

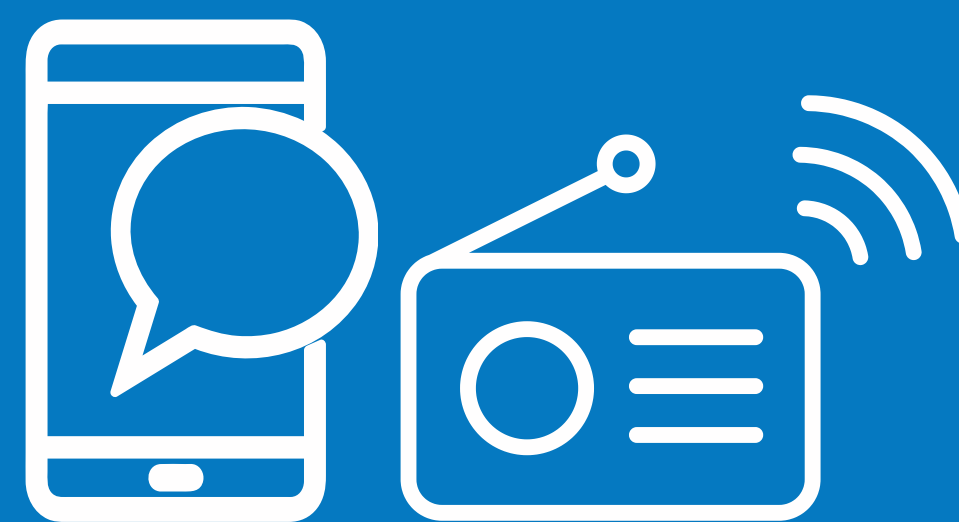
Make a plan



Build a kit



Stay informed



What should I prepare for?



Remember:

- ✓ Emergency preparedness looks different for everyone. Your plan should be as unique as you are!
- ✓ Practice makes perfect!

